

## November 2008 Report

### Coalition members, Coordinator, and Administrator:

- Organized/attended Coalition's monthly meeting (November 14th) (18 attendees)
  - Budgets reviewed by Core Coalition at meeting
  - FY'09 Membership Agreements in process of being filled out by all members and entered into Coalition database
  - Soliciting Point People for Action Teams
- State and federal FY'09 grants
  - Continuous billing and invoice collection done for state and federal grants
  - State FY'09 budget
    - Sent revised \$37,500 line item budget to state (November 3<sup>rd</sup>)
  - DFC federal grant
    - COMET bi-annual reporting submitted (November 20<sup>th</sup>)
- Ongoing updating/stocking of resources in office and throughout community
- Planning Committee meeting (November 10<sup>th</sup>)
- Conference call with new Northeast Center for Healthy Communities contact to discuss FY'09 efforts/MOA (November 7<sup>th</sup>)
- 2009 YRBS via School Health Advisory Committee
  - Administration expected Feb or March 2009
  - Quote obtained from Northeast Center for Healthy Communities
  - Money requested from School Committee (November 25<sup>th</sup>)
- Coordinator met with DFC/Arlington counterpart (November 25<sup>th</sup>)
- Coordinator participated in Northeast Center for Healthy Communities sustainability conference call (November 19<sup>th</sup>)
  - Presented a few key things Melrose is doing
- Newspaper Submissions(Melrose Free Press = 20,700 homes/businesses weekly, Melrose Weekly News = 9,000 homes/businesses weekly)
  - You Are the Eyes/Ears of Melrose (ran in Melrose Wkly News)
- Coordinator talked or met with Mayor, City Solicitor, Athletic Director, High School Principal, and Police Chief in response to Nov 15<sup>th</sup> football/student government party
  - Local Social Host Liability Law used for first time in Melrose
- Presentation to Interfaith Clergy Group "Coalition Update" including Tip Line (November 12<sup>th</sup>)
- IT developments
  - Webpage updated (monthly hits ~175)
  - e-Newsletter continues to be sent out to Coalition (92 subscribers)
- Sports organization Action Team
  - Continued contacting the various sports organizations. Made contact with: Churchill American League Baseball, Melrose

## Melrose Substance Abuse Prevention Coalition

- National Little League, Melrose Youth Hockey (attended board meeting), Melrose YMCA Travel Basketball, Girls Basketball league.
- Energy Drink Info Sheet created (November 24<sup>th</sup>)
- Police Action Team
  - Submitted application for \$5,000 grant to conduct underage alcohol compliance checks, party patrols, and surveillance patrols (November 6<sup>th</sup>)
  - 665-TIPS Tip Line
    - Promotion continues
      - Tip Line wallet cards and flyers disseminated (2500 wallet cards, 500 flyers)
      - Community liaisons continue to disseminate wallet cards and flyers at community meetings (VFW, Chamber of Commerce, Interfaith Clergy, Milano Senior Center, Rotary Club, Citywide PTO, and Lions Club)
      - Since the promotion began in September, 4 tips have been verified...2 have been substantiated and are under investigation...and there has been 2 drug arrests!
- School Action Team
  - Student Assistance Team is up and running at MHS
  - Project Northland Class Action
    - Consultant was hired to train middle school teacher in Project Northland.
    - No regional Class Action trainings for high school teacher to-date.
- Youth Action Team
  - MySpace page created to recruit middle school students
  - Prescription Drug Abuse Discussion Group
    - Conducted 4 discussion groups on prescription drug abuse on Monday 10<sup>th</sup> and Wednesday 12<sup>th</sup> at the Tremont Street YMCA
    - Groups were an hour long and 8 total teens showed
    - Due to low turnout, will have another discussion group in December (Dec. 3<sup>rd</sup> from 6pm- 7pm)
    - Information from the groups will be compiled into a word document to be distributed
  - Performed second energizer at November 14<sup>th</sup> Coalition meeting
    - Subject was navigating Facebook and MySpace
  - Healthy Alternatives Discussion Group
    - YAT teen leaders began conducting discussion groups in High School Classes the week of November 17<sup>th</sup>
    - Information gathered will be inserted into a word document
  - Advisor and Coordinator Meeting (November 19<sup>th</sup>)

## Melrose Substance Abuse Prevention Coalition

- Set up a timeline of the initiatives starting in January and ending in June
  - Currently researching websites for media literacy, drunk driving, and stress management ideas
  - Advisor met with teen leaders to discuss plan of action (November 26<sup>th</sup>)
  - Youth Action Team Advisor met with TV1 class to discuss PSA ideas (November 6<sup>th</sup>)
- Policy Action Team
  - Disseminated Question 2: Marijuana Decriminalization Pro/Con sheet.
  - Election Results: 2 local liquor licensing ballot initiatives passed
    - Decrease number of seats needed to apply for an on-premise liquor license
    - Allow up to three off-premise liquor licenses
  - Will now help institutionalize safeguards via Liquor Licensing Boards' Advisory Committee a) advertising signage controlled b) compliance checks required c) mandatory server/seller training
    - Emailed City Solicitor for incorporation into draft to be reviewed by Advisory Committee and Liquor Licensing Commission
- *Guiding Good Choices* Action Team
  - 4 workshop series complete
  - 31 participants completed...grand total = 82 families!
  - Lessons Learned meeting with facilitators/Action Team (November 21<sup>st</sup>)