



**M E L R O S E**  
S U B S T A N C E A B U S E  
P R E V E N T I O N C O A L I T I O N

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**FY'10**  
**Task Team Guide**  
Screening, Brief Intervention, and Referral to Treatment  
(SBIRT)

**Problem Statement:**

- High risk or dependent drinking and drug use are significant contributors to illness, injury, and death. As of November 2007, Melrose-Wakefield Hospital (MWH) Psychiatric and Emergency department staff are trained and equipped with the SBIRT tools to address behaviors such as these and overcome patients' resistance to change. A Dec 2008-March 2009 pilot has been conducted, however this program is not yet institutionalized at MWH.

**Task:**

1. Get input from Core Coalition MWH reps (Cheryl Voigt, Mark Mahnfeldt, Cornelia Walsh, Eileen Dern).
2. Get input from other MWH stakeholders: Jenn Barnes, Bob Welch, other ER and Psych Dept staff.
3. Identify and develop plan to overcome top priority barriers to institutionalization.
4. Contact Whidden Hospital and others currently funded for SBIRT.
5. Contact Boston University to inquire about current or upcoming SBIRT funding opportunities/options and refresher trainings.

**Goal:**

- Identify current status of SBIRT at MWH, identify barriers to institutionalization, and set up plan to institutionalize.

**Timeline:** August 2009-December 2009

**Areas of Interest:** Hospital, early intervention, phone conversations, Internet research.